



## Hello Expectant Parent,

Due to Covid-19 precautions, in-person Car Seat Check Events, installation appointments and Car Seat Safety Classes are cancelled until further notice. During this time, please use the resources below, in addition to your car seat and vehicle manuals, to help ensure you correctly install and use your car seat to get baby home safely.

- Support directly from your car seat's manufacturer: See this list to learn about resources available by
  manufacturer. Many manufacturers have helpful videos and other resources on their websites and social media
  channels. Some manufacturers are also currently offering a FREE video appointment with a certified car seat
  technician, and they will walk you through the installation process live via an app. If your seat manufacturer isn't
  listed, please access their support website or phone number listed in the car seat's manual.
- Videos with general <u>Car Seat Installation Instructions</u> by seat type. There are two videos per seat type depending on whether you'd like to install using a seat belt OR using lower anchors NOT both at the same time!
- <u>Car Seat Safety handout</u> See the Rear-Facing Car Seats section with a list of key points. See the short videos below for demonstration regarding these steps listed:
  - <u>Inch test</u> checking to ensure base/seat is installed tightly enough (seat to car)
  - Pinch test checking to make sure child is harnessed snugly enough (seat to child)
- <u>Safe Kids Worldwide's Ultimate Car Seat Guide</u> Tips for selecting a seat to buy and general tips for installation and use.

As soon as it is safe to do so, we will resume in-person Car Seat Check Events. To be notified when the next event is scheduled, please email amanda.tabin@aspirus.org or follow the Safe Kids Marathon County Facebook Page.

Please contact me if I can help direct you to any other car seat safety resources or help answer any questions. Congratulations on your family's upcoming new addition!

Best wishes,

Amanda Tabin Safe Kids & Injury Prevention Coordinator Aspirus Wausau Hospital Adult Level II Trauma Center

Phone: 715-847-2864

Email: amanda.tabin@aspirus.org